

Salah Timetable

March 2026



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70-74 Selwyn Road, Plaistow, E13 0PY

Day	Date	Beginning Times						Jamah Times				
		Fajr	Sunrise	Zuhr	Asr	Maghrib	Isha	Fajr	Zuhr	Asr	Maghrib	Isha
Sun	1	5:05	6:45	12:17	3:48	5:43	7:10	5:25	1:00	4:30	5:43	7:40
Mon	2	5:03	6:43	12:17	3:50	5:45	7:12	5:23	"	"	5:45	"
Tue	3	5:00	6:41	12:16	3:51	5:47	7:12	5:20	"	"	5:47	"
Wed	4	4:58	6:39	12:16	3:53	5:48	7:14	5:18	"	"	5:48	"
Thu	5	4:56	6:37	12:16	3:54	5:50	7:15	5:16	"	"	5:50	"
Fri	6	4:54	6:34	12:16	3:56	5:52	7:16	5:14	12:45	4:45	5:52	7:50
Sat	7	4:51	6:32	12:15	3:57	5:54	7:18	5:11	1:00	"	5:54	"
Sun	8	4:49	6:30	12:15	3:59	5:55	7:19	5:09	"	"	5:55	"
Mon	9	4:47	6:28	12:15	4:00	5:57	7:20	5:07	"	"	5:57	"
Tue	10	4:45	6:26	12:15	4:02	5:59	7:22	5:05	"	"	5:59	"
Wed	11	4:42	6:23	12:15	4:03	6:01	7:24	5:02	"	"	6:01	"
Thu	12	4:40	6:21	12:14	4:05	6:02	7:25	5:00	"	"	6:02	"
Fri	13	4:38	6:19	12:14	4:06	6:04	7:26	4:58	12:45	5:00	6:04	8:00
Sat	14	4:36	6:17	12:14	4:07	6:06	7:28	4:56	1:00	"	6:06	"
Sun	15	4:33	6:14	12:13	4:09	6:07	7:30	4:53	"	"	6:07	"
Mon	16	4:31	6:12	12:13	4:10	6:09	7:31	4:51	"	"	6:09	"
Tue	17	4:29	6:10	12:13	4:12	6:11	7:32	4:49	"	"	6:11	"
Wed	18	4:27	6:07	12:13	4:13	6:13	7:34	4:47	"	"	6:13	"
Thu	19	4:25	6:05	12:12	4:14	6:14	7:35	4:45	"	"	6:14	"
Fri	20	4:23	6:03	12:12	4:16	6:19	7:37	4:43	12:45	"	6:19	"
Sat	21	4:21	6:01	12:12	4:17	6:18	7:38	5:15	1:00	"	6:18	"
Sun	22	4:19	5:58	12:11	4:18	6:19	7:39	"	"	"	6:19	"
Mon	23	4:17	5:56	12:11	4:20	6:21	7:41	"	"	"	6:21	"
Tue	24	4:15	5:54	12:10	4:21	6:23	7:43	"	"	"	6:23	"
Wed	25	4:13	5:51	12:10	4:22	6:24	7:44	"	"	"	6:24	"
Thu	26	4:11	5:49	12:10	4:24	6:26	7:45	"	"	"	6:26	"
Fri	27	4:09	5:47	12:10	4:25	6:28	7:47	"	12:45	"	6:28	"
Sat	28	4:08	5:45	12:10	4:26	6:29	7:49	"	1:00	"	6:29	"
Sun	29	5:05	6:42	12:09	5:27	7:31	8:50	6:00	1:30	6:15	7:31	9:15
Mon	30	5:03	6:40	1:09	5:28	7:33	8:51	"	"	"	7:33	"
Tue	31	5:02	6:38	1:09	5:30	7:35	8:53	"	"	"	7:35	"